



Silicon Valley Tennis Training

Ages 7 - 10



Expert Coaching
Player-centered
Environment

Practice Format

Small group or individual
sessions

30-60 minute sessions
(group/individual)

Up to 3 times per week for group
sessions, once per week for
individual sessions

**Skill
Development**
Movement
Technical Skills
Tactical Awareness
Athletic development
Social/behavioral Skills
Psychological
Development

**Maximum 40 competitions per year (unlimited practice matches)
Team tennis, individual local/state competitions**

Locations:

535 Cypress Point Dr, Mountain View, CA 94043
680 Hubbard Avenue, Santa Clara, CA, 95051

Contact us today at <https://siliconvalleytennis.com/> to enroll
your child and give them the gift of a
lifetime!



Silicon Valley Tennis Training

Ages 9- 11

Player-centered learning: Enjoyable, active, and inclusive environment with a 1:4 or 1:6 coach-to-player ratio.

Practice Format

- Small group or individual sessions
- 75 minutes for group, 30 to 60 minutes for individual
- Up to 3 times per week for group sessions, once per week for individual sessions

Skill Development

Psychological Development
Athletic Development
Tactical Awareness
Game Strategies
Technical Skills
Social Skills
Movement

**Maximum 60 competition days per year (unlimited practice matches)
Inter-club team leagues, individual state/sectional competition**

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Silicon Valley Tennis Training

Ages 6-8

Player-centered learning
Small group instruction

Practice Format

Small group sessions
Session Length: 45 - 60 minutes
Frequency: 1-3 times per week

Key Areas Of Focus
Psychological Growth
Athletic Development
Tactical Strategy
Game Experience
Technical Skills
Movement

Enjoy fun play days, team tennis events, and local individual competitions

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Silicon Valley Tennis Training

Ages 4-6

Fun & Active Environment
Small Group Instruction

Practice Format

Small group sessions
Session Length: 30 minutes
Frequency: Up to twice a week

Skill

Development

Movement

Tactical development

Athletic development

Technical development

Psychological Development

Social/behavioral development

Fun days, parent and child sessions, and play days



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